

# Keep our school community safe from COVID-19 and other illnesses this holiday season!

- Keep your child home when sick and call their healthcare provider.
- Isolate after a positive COVID-19 test result and inform close contacts.
- Consider masking during elevated COVID-19 community levels, especially when around people at higher risk.
- Keep the whole family up-to-date with COVID-19 vaccines.



To learn more, visit :  
[covid19.nj.gov](https://www.covid19.nj.gov)

# ¡Mantenga a nuestra comunidad escolar a salvo del COVID-19 y otras enfermedades esta temporada navideña!

- Evite que su hijo vaya a la escuela si está enfermo y llame a su proveedor de atención médica.
- Aíslese si obtiene una prueba de COVID-19 positiva y informe a sus contactos cercanos.
- Considere usar una mascarilla si los casos de COVID-19 son elevados en su comunidad, especialmente cuando esté cerca de personas con mayor riesgo.
- Mantenga a toda la familia al día con las vacunas contra el COVID-19.



Para obtener más información,  
visite: [covid19.nj.gov](https://www.covid19.nj.gov)

# Spring break is coming up!

Here are some tips to stay safe during travel:

1. Skip traveling if you feel sick.
2. Keep activities outdoors when possible.
3. Get vaccinated against COVID-19, and boosted if eligible.
4. Wash your hands frequently.
5. Follow recommendations for domestic and international travel.
6. Get tested if symptoms develop or if someone you're traveling with gets COVID-19.

For more information visit the NJDOH Traveler's Health website:

[www.nj.gov/health/cd/topics/travel.shtml](http://www.nj.gov/health/cd/topics/travel.shtml)

