

## Press Release

### **WFAN Host Rick Wolff to Speak at Oak Hill Academy**

**Rick Wolff, nationally recognized expert in the field of sports psychology and host of WFAN's Weekly show, "The Sports Edge," will present a sports parenting/coaching forum at Oak Hill Academy, Lincroft on Friday evening, February 22, 2008 at 7:30PM.**

**This event was the idea of Oak Hill Academy Headmaster, Joseph A. Pacelli. "I thought that it would be a good idea to hear from an expert on some of the issues concerning youth sports in today's society. Children are involved in more activities than ever before and parents could possibly use some guidance dealing with the realities of their children's involvement. The child's overall development, mental awareness, impact on family, parent expectations, and the role of parent/coach volunteers grow more complex each year," states Pacelli.**

**Mr. Wolff, a magna cum laude graduate in psychology from Harvard University, received his master's degree with high honors in psychology at Long Island University. He is a former professional baseball player, was a sports psychology coach for the Cleveland Indians organization from 1990-1994, as well as a head baseball coach at Mercy College in New York. Not only does he host the weekly sports parenting program on WFAN, but he's also been featured on "Oprah," ESPN, Madison Square Garden Network, SportsChannel, Lifetime, "The Today Show," "Good Morning America," "20/20", and "CBS This Morning." He is currently chairman of the prestigious Center for Sports Parenting, the nation's leading resource on sports parenting issues.**

**As a well-known authority on children's sports and sports psychology, Mr. Wolff will address such topics as parent/coach relations, pressure on young athletes, practice and scheduling demands, youth burnout, spectator behavior, physical development, and health/safety issues.**

**This event is being co-sponsored by Fameabilia in Red Bank, Super Foodtown – Circus Foods, Wachovia Bank, and Athlete's Alley in Shrewsbury.**

**Seating at the Oak Hill Academy Scire Student Center, 347 Middletown-Lincroft Rd., Lincroft will be limited. Tickets may be purchased for \$10 each by calling Oak Hill Academy at 732-530-1343.**

SPORTS PARENTING/COACHING FORUM

FEATURING

**RICK WOLFF**

NATIONALLY RECOGNIZED EXPERT  
IN THE FIELD OF SPORTS PSYCHOLOGY



Host of WFAN's Weekly Show  
***"The Sports Edge"***

FRIDAY, FEBRUARY 22, 2008  
OAK HILL ACADEMY  
347 MIDDLETOWN-LINCROFT RD.  
LINCROFT, NJ 07738  
7:30 PM



WACHOVIA

TOPICS INCLUDE:

- PARENT/COACH RELATIONS
- PRESSURE ON YOUNG ATHLETES
- PRACTICE AND SCHEDULING DEMANDS
- YOUTH BURN-OUT
- SPECTATOR BEHAVIOR
- PHYSICAL DEVELOPMENT
- HEALTH/SAFETY ISSUES



There is limited seating at \$10 per ticket and prior registration/payment is required.  
For tickets, you may use the tear-off below or call the school at 732-530-1343.

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Please tear-off & return to:  
Oak Hill Academy, 347 Middletown-Lincroft Rd., Lincroft, NJ 07738  
Please make checks payable to: Oak Hill Academy

NAME \_\_\_\_\_ Phone \_\_\_\_\_

ADDRESS \_\_\_\_\_

Number of Tickets ( \$10 each) \_\_\_\_\_ Amount enclosed \_\_\_\_\_

Mail to my home \_\_\_\_\_ Hold for night of lecture \_\_\_\_\_