

How can I help my daughter with body image issues?
 Can my teen order illegal items off the internet?
 Am I legally responsible for what happens in my home when I'm not there?
 Is it just teen angst or depression?
 HOW CAN I PREPARE MY CHILD FOR HIGH SCHOOL AND/OR COLLEGE?
 WHAT ARE THE RULES FOR A NEW DRIVER?
 What is a "Skittles" party?

Surviving the Teen Years

Everything You Wanted To Know About Your Teen...But Were Afraid to Ask!

When: Thursday, March 26th (7-9 pm)

Where: Red Bank Regional High School, 101 Ridge Rd., Little Silver

Who: Any and all interested parents....no matter what school...we all have these issues!

Topics/Panelists:

Current Trends in Adolescent Behavior: Stacy Liss, Clinical Supervisor, RBR's The Source;
 John Soper, MA, LPC, IEP Youth Services, Inc.

Teens and the Internet: Detective Richard Shin, Monmouth County Prosecutor's Office

Teens and Driving: Officer Peter Gibson, RBR School Resource Officer, Lt. Silver Police Dept.

Trends in Substance Abuse: Lori Todd, Student Assistance Counselor, RBR

Preparing my Teen for Transition: Lenore Kingsmore, Director of Student Personnel Services, RBR

Boys to Men in the 21st Century: Sean Macon, Community Outreach/Counselor, RBR's The Source

Format: 7-8 pm- Panel presentation: 10 min per topic.

8-8:15 pm – Refreshments, Visit Barnes and Noble table, Reference materials available

8:15- 9 pm – "Break out" sessions for all topics for further question/answer (parents can float between sessions)

Additional break out sessions:

***Topics of interest within the Latino community (in Spanish):** Marisol Mondaca, Bilingual Clinician, RBR

*This session will run simultaneous with the English language session but in a different room

Topics of interest within the African American community: Gilda Rogers, Coordinator, RBR's Source; Sean Macon, RBR's The Source; Jonathon Sims, SBYSP Regional Director

**** Refreshments will be served!**

**** Barnes and Noble will have books on all our topics for sale!**

Please come early to browse!

Perhaps the only thing more difficult than being a teenager is parenting one.

Learn what you need to be part of their world!

Event co-sponsored by RBRHS and the Shrewsbury Community Alliance
 Questions? Please call Karen Lloyd @ 908-601-5429