

# Shrewsbury Borough School

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SUPERINTENDENT

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Dear Parents:

As we return to school after the winter break, we continue to have reported cases of head lice. I **urge** you to continue to check your child's hair at home and report **all** cases of nits or live louse to the health office. I also encourage you to braid or tie back long hair for the time being.

The most important step in treating head lice infestation is to treat the person and other family members with head lice with a medicated shampoo to kill the lice. After treatment, check hair and comb with a **nit comb** to remove nits and lice every 2-3 days. Continue to check for **two to three weeks** until you are sure all nits and lice are gone.

Head lice do not survive long if they fall off a person and cannot feed. Machine wash all washable clothing and bed linens used during the two days prior to treatment in hot water (130° F). Dry laundry using high heat for at least twenty (20) minutes; dry clean clothing that is not washable, or store in a plastic bag and seal for two weeks. Clean brushes and combs by soaking in alcohol for one hour. Vacuum floors and furniture and dispose of the vacuum bag promptly.

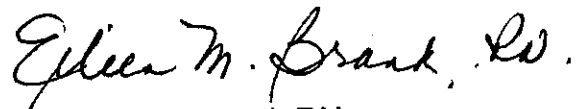
I **do not recommend** you treat your family if you **do not see a nit** or louse. Continue to check every 2-3 days and comb with a nit comb. Pets **do not** get lice.

Louse medications should not be used on children under the age of two (2) years. Avoid head to head contact common during play. Do not share clothing. Do not share combs, brushes, or towels. Do not lie on couches, carpets, or share stuffed animals that have come in contact with infestation until after treatment.

Personal hygiene or home cleanliness has nothing to do with getting head lice. It is rather common in the U.S.

Please call me with any questions or a suspected case of head lice.

Respectfully,



Eileen M. Brand, RN  
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